

## Co-Parenting Course

In DuPage County, all divorcing parents with minor children must complete the *Caring, Coping and Children Co-Parenting* course.

The *Caring, Coping, and Children Co-Parenting Course* deals with the effects of divorce on children and the importance of establishing a co-parenting relationship.

One of the most important predictors of children's successful adjustment to the divorce process is how both parents cooperate in caring for their children's needs.

The DuPage County Family Center believes that all children have a need and a right to share a relationship with both of their parents. It is our goal to reach out to families in DuPage County to help them achieve cooperative parenting that focuses on the needs of the children. The Family Center strives to establish, maintain and enhance familial relationships.

*The Caring  
Coping and  
Children  
Co-Parenting  
Course is available  
in the classroom  
and online.*

*Fee is \$50*

### **DuPage County Department of Community Services**

DuPage County Family Center

1525 N. Main Street

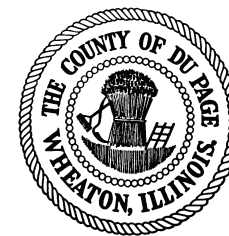
Wheaton, IL 60187

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[www.dupageco.org/familycenter](http://www.dupageco.org/familycenter)

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DuPage County  
Department of  
Community Services

## DuPage County Family Center

# Caring, Coping and Children



Co-Parenting Course

## Required by the Court

Most families are not prepared to deal with the pain and suffering that divorce often causes. People who go through divorce have many different feelings: anger...fear...loss...loneliness...sadness...relief.

Children whose parents divorce may also have many different and conflicting feelings. Adjusting to divorce takes time. Key factors are: how parents handle the dissolution of their marriage, how they conduct their lives and relationships after the divorce, and how they continue to care for their children.

All divorcing parents with minor children are required by the Court to complete this workshop either in person or online.

The workshop may be completed prior to filing for a divorce, prior to the initial status date or within 90 days of service of the Summons and Petition for Dissolution of Marriage.

## Purpose

*The Caring, Coping and Children Co-Parenting* course is designed to help parents understand what may lie ahead during the difficult divorce process. Understanding what issues may arise can help parents remain sensitive to the needs of their children.

### Topics Covered

- Normal feelings and reactions for adults and children during divorce
  - The grief process
  - Effects of ongoing parental conflicts on children
  - Co-parenting relationships
  - Children's needs during the divorce process

*The Caring, Coping and Children Co-Parenting Course* is approved by the Domestic Relations Division of the 18th Judicial Circuit Court, DuPage County, Illinois and meets the parenting education requirements of the Illinois Supreme Court.

## Registration Information

**The course may be completed:**

### *In the classroom:*

- Sessions are held on Saturday mornings.
- The fee is \$50 per person, payable on the day of the workshop.
- A fee of \$10 will be assessed if parties reschedule the workshop or fail to attend when scheduled. (The workshop may be rescheduled one time at no charge, provided 24 hours notice is given.)
- The Workshop is 4 hours in length.
- Sessions are held at the  
DuPage County Family Center  
1525 N. Main Street  
Wheaton, IL 60187
- Registration by phone: 630.407.2450 or on the website:  
[www.dupageco.org/familycenter](http://www.dupageco.org/familycenter)

### *On the internet:*

- [www.dupageco.org/familycenter](http://www.dupageco.org/familycenter)
- The fee is \$50 per person, plus a \$2 convenience fee, payable through E-pay by credit card.
- Must have a valid email address to receive login and password immediately following registration.
- The Certificate of Completion is printable upon completion of the course and a grade of 80% or better on the test.