

RECREATION AND SOCIAL

Throughout DuPage County there are opportunities for recreation, entertainment and socialization for seniors. Senior Centers and other organizations offer a wide range of activities, which support the older person's independence and encourage their involvement in the community. These include travel, crafts, special events, exercise, cards and bingo, educational programs, health screenings and other supportive services. Programs differ from one community to another; some offering activities on a daily basis, while others meet only once a month. A calendar of events may be available.



Churches, high schools, colleges and other community organizations may also offer opportunities of interest to seniors. Following the Senior Centers/Clubs listing, information can be found on the National Park Service Senior Pass, Hunting and Fishing Licenses, the Senior Olympics, and Presidential Greetings.

SENIOR CENTERS/CLUBS

ADDISON

Addison Park District
120 E. Oak Street
Addison, IL 60101
(630) 833-0100
www.addisonparkdistrict.org

AURORA

Fox Valley Park District
Eola Community Center
555 S. Eola Road
Aurora, IL 60504
(630) 851-8990
www.foxvalleyparkdistrict.org

BENSENVILLE

Bensenville Park District
Deer Grove Leisure Center
1000 W. Wood Street
Bensenville, IL 60106
(630) 766-7015
www.bensenvilleparkdistrict.org

Bensenville Senior Citizens Club
Monty's Banquets
703 S. York Road
Bensenville, IL 60106
(630) 350-3404

SENIOR CENTERS/CLUBS

BLOOMINGDALE

Bloomington Park District
172 S. Circle Avenue
Bloomington, IL 60108
(630) 529-3650
www.bloomingtondalepark.org

**Bloomington Township
Senior Center**
6N050 Rosedale Road
Bloomington, IL 60108
(630) 529-7794

BURR RIDGE

Burr Ridge Park District
15W400 Harvester Drive
Burr Ridge, IL 60527
(630) 920-1969

CAROL STREAM

**Carol Stream Park District
Aldrin Community Center**
391 Illini Drive
Carol Stream, IL 60188
(630) 784-6100
www.cspark.org

Simkus Recreation Center
849 Lies Road
Carol Stream, IL 60188
(630) 784-6120

CLARENDON HILLS

Clarendon Hills Park District
315 Chicago Avenue
Clarendon Hills, IL 60514
(630) 323-2626
www.clarendonhillsparkdistrict.org

DARIEN

Darien Park District
7301 Fairview Avenue
Darien, IL 60561
(630) 968-6400
www.darienparks.com

DOWNERS GROVE

**Downers Grove Park District
Active Senior Center at Lincoln Center**
935 Maple Avenue
Downers Grove, IL 60515
(630) 963-1314 (Voice & TDD)
www.dgparks.org

ELMHURST

**Elmhurst Park District
Abbey Leisure Center**
407 W. St. Charles Road
Elmhurst, IL 60126
(630) 993-8193
www.epd.org

GLEN ELLYN

**Glen Ellyn Park District
Main Street Recreation Center**
501 Hill Avenue
Glen Ellyn, IL 60137
(630) 858-2463
www.gepark.org

Glen Ellyn Senior Service Center
493 Forest Avenue
Glen Ellyn, IL 60137
(630) 858-6343
www.glenellyn.org

SENIOR CENTERS/CLUBS

GLENDALE HEIGHTS

**Village of Glendale Heights
Recreation Department**
250 Civic Center Plaza
Glendale Heights, IL 60139
(630) 260-6060
www.glendaleheights.org

HANOVER PARK

**Hanover Park District
Senior Run-a-bouts**
1919 Walnut Avenue
Hanover Park, IL 60133
(630) 837-2468 (Tuesday)

HINSDALE

**Hinsdale Parks and Recreation
Memorial Building**
19 E. Chicago Avenue
Hinsdale, IL 60521
(630) 789-7090

**The Community House
Senior Center**
415 W. Eighth Street
Hinsdale, IL 60521
(630) 323-7500

ITASCA

**Itasca Park District
Senior Citizens Club**
350 E. Irving Park Road
Itasca, IL 60143
(630) 773-2257
www.itascaparkdistrict.com

LISLE

**Lisle Park District
The Meadow's Center**
5801 Westview Lane
Lisle, IL 60532
(630) 969-0992
www.lisleparkdistrict.org

LOMBARD

Butterfield Park District
21W730 Butterfield Road
Lombard, IL 60148
(630) 858-2229
www.butterfieldpd.com

**Lombard Community Senior
Center ("The White House")**
205 W. Maple Street
Lombard, IL 60148
(630) 629-9707
(Wednesday and Friday, 9-3pm)

Sunset Knoll Recreation Center
820 S. Finley Road
Lombard, IL 60148
(630) 620-7322
www.lombardparks.com

York Center Park District
1609 S. Luther Avenue
Lombard, IL 60148
(630) 629-0886
www.yorkcenterparks.org

York Township Senior Center
1502 S. Meyers Road
Lombard, IL 60148
(630) 620-2424
www.yorktwsp.com

SENIOR CENTERS/CLUBS

MEDINAH

**Medinah Park District
Medinah Seniors Club**
22W130 Thorndale Avenue
Medinah, IL 60157
(630) 893-2560
www.medinahparkdistrict.org

NAPERVILLE

**Naperville Park District
New Horizons Program
Community Center**
305 W. Jackson Avenue
Naperville, IL 60540
(630) 848-3613
www.napervilleparks.org

Xilin Asian Community Center
Iroquois Shopping Center
1163 E. Ogden Avenue, Suite 301-A
Naperville, IL 60563
(630) 355-4322
www.xilin.org

OAKBROOK

Oak Brook Park District
1450 Forest Gate Road
Oak Brook, IL 60523
(630) 990-4233 or (630) 645-9516
www.obparks.org

OAKBROOK TERRACE

**Oakbrook Terrace Park District
Brandywine Senior Citizens Club**
1S130 Ardmore Avenue
Villa Park, IL 60181
(630) 627-6100
www.obtpd.org

ROSELLE

Roselle Park District
555 W. Bryn Mawr Avenue
Roselle, IL 60172
(630) 894-4200

VILLA PARK

Villa Park Recreation Center
320 E. Wildwood Street
Villa Park, IL 60181
(630) 834-8525
www.vprd.org

WARRENVILLE

**Warrenville Park District
Leisure Center**
3S260 Warren Avenue
Warrenville, IL 60555
(630) 393-7279
www.warrenvilleparks.org

WEST CHICAGO

Wayne Township Seniors
27W031 North Avenue
West Chicago, IL 60185-5122
(630) 231-7140
(630) 231-7155

West Chicago Park District
157 W. Washington Street
West Chicago, IL 60185
(630) 231-9474
www.we-goparks.org

SENIOR CENTERS/CLUBS

WESTMONT

**Westmont Park District
Senior Citizens**
55 E. Richmond Street
Westmont, IL 60559
(630) 969-8080
www.wpd4fun.org

WOOD DALE

Wood Dale Senior Citizens Club
111 E. Foster Avenue
Wood Dale, IL 60191
(630) 595-9333
www.wooddaleparkdistrict.org

WHEATON

**Wheaton Park District
The Leisure Center**
208 W. Union Avenue
Wheaton, IL 60187
(630) 665-1415
www.wheatonparkdistrict.com

WOODRIDGE

**Woodridge Park District
Golden Years Program**
2600 Center Drive
Woodridge, IL 60517
(630) 353-3300
www.woodridgeparks.org

WINFIELD

Winfield Park District
0N020 County Farm Road
Winfield, IL 60190
(630) 653-3811
www.winfieldparkdistrict.com

Senior Suburban Orchestra
(630) 530-2910 (Membership)
(630) 968-6931 (Bookings)

Provides an opportunity for older musicians to continue playing their instruments on a regular basis as members of an active and challenging performance organization. Membership is free, no auditions required. Currently based at Fairview Village in Downers Grove.

Happy Birthday
8-3-19

SPECIAL RECREATION ASSOCIATIONS

Northeast DuPage Special Recreation Association (NEDSRA)

1770 W. Centennial Place

Addison, IL 60101

(630) 620-4500

(630) 620-7477 (TDD)

www.NEDSRA.org

Provides quality recreational programs and community services to individuals of all ages with disabilities. NEDSRA serves: Addison, Bensenville, Glendale Heights, Itasca, Lombard, Oak Brook Terrace, Villa Park, Medinah and Wood Dale.

Western DuPage Special Recreation Association/WDSRA

116 N. Schmale Road

Carol Stream, IL 60188

(630) 681-0962

www.wdsra.com

Provides recreational opportunities, special events and trips for individuals of all ages with special needs. WDSRA serves Bloomingdale, Carol Stream, Glen Ellyn, Roselle, Naperville, Warrenville, West Chicago, Wheaton and Winfield.

NATIONAL PARK SERVICE – SENIOR PASS

National Park Service

National Capital Region

1100 Ohio Drive, S.W., Room 138, Washington, DC 20242

(202) 619-7289

U. S. citizens or permanent residents age 62 and over can purchase a lifetime pass for \$10. The pass provides access to, and use of, Federal recreation sites that charge an entrance fee. The pass admits the pass holder and passengers in a non-commercial vehicle at “per vehicle” fee areas and pass holder + 3 adults, not to exceed 4 adults, at “per person” fee areas (children under 16 are admitted free).

The pass can only be obtained in person at the park. The Senior Pass provides a 50 percent discount on some amenities such as camping, swimming, boat launch, and specialized interpretive services.

HUNTING AND FISHING LICENSES



Illinois Department of Natural Resources
1 Natural Resource Way, Springfield, IL 62702
(217) 782-6302
www.dnr.state.il.us

Legislation requires senior citizens to obtain hunting and fishing licenses, but at a reduced fee. If you are a hunter or fisherman, make sure you inquire about the latest regulations before engaging in these activities. Check website for license fees.

SENIOR OLYMPICS

Illinois Senior Olympics, Inc.
1601 N. 5th Street, Springfield, IL 62702
(217) 753-0700
www.ilsenoly.org

The Illinois Senior Olympic state games are held annually the 3rd and 4th weekend of September. Local and regional games are held throughout the state during the spring and summer. Men and women age 50 and older may compete in more than 18 sports and 58 events including swimming, track and field, bowling, golf, archery, bridge, cycling, and team sports. Medals are awarded, and qualified competitors are invited to go on to the National Competition, which is held in odd numbered years. There is a \$30.00 registration fee; other event fees may apply.

PRESIDENT'S GREETINGS

The President's office will send greetings to individuals celebrating a 50th or subsequent wedding anniversary, or an 80th or older birthday. The note is written in calligraphy and includes the Presidential Seal and the President's signature. According to a spokesperson at the White House Greetings Office, the notes, in varying sizes, are suitable for framing. Other messages from the president are also available. These occasions include important events such as weddings, baby's birth, and Eagle Scout Award, Girl Scout Gold Award, and Bar/Bat Mitzvah or equivalent occasion.

Please include the following in your request: name and home address of honoree(s), form of address (Mr., Ms., Mrs., Dr., Miss, etc.), exact date of occasion (month, day, year), age (birthdays) or number of years of marriage, your (the

requestor's) name and daytime phone number, wedding (include couple's married names and current or new address), and baby's birth (include baby's date of birth and full names and address of baby and parents). In most cases, greetings will be mailed from the White House approximately two weeks prior to the event. Mail, email or fax your request to the numbers below at least 6 weeks before the event:

The White House
1600 Pennsylvania Avenue NW
Attn: Greetings Office
Washington, DC 20502-0039
Fax: (202) 395-1232 or,
Via Web Mail at www.whitehouse.gov/greetings

