

TABLE OF CONTENTS

TABLE OF CONTENTS	i
GENERAL WEB SITES OF INTEREST	v
HOTLINES and HELPLINES	vii
DUPAGE COUNTY COMMUNITY SERVICES	CS-1
Senior Services	CS-1
Client Services (Under 60)	CS-4
Community Development	CS-6
ADULT DAY SERVICE	1
COUNSELING and MENTAL HEALTH	4
Adult Protective Services	9
Support Groups for Grief and Bereavement	10
Halfway Houses & Substance Abuse Facilities	11
CRISIS and EMERGENCY	13
Emergency Preparedness	13
Disaster and Emergency Relief	14
Mental Health Emergency	14
General Assistance	15
Walk-in Ministries	18
Shelters	20
EDUCATION	22
Colleges	22
Elderhostel	23
Libraries	23
Additional Opportunities	26
EMPLOYMENT and VOLUNTEER	27
Employment Opportunities	27
Volunteer Opportunities	29
FEDERAL, STATE and LOCAL BENEFITS	32
Federal Benefits	32
Social Security Administration	33
State of Illinois Benefits	34

Energy and Weatherization Assistance -----	35
Local Benefits/Townships -----	36
HEALTH, MEDICAL and DENTAL-----	38
Hospitals -----	38
Medical Resources -----	40
Public Health Centers-----	41
Family Health Centers -----	42
House Calls -----	43
Health Organizations-----	45
Dental Resources-----	52
HOME SUPPORT SERVICES-----	55
Home Health Care Agencies -----	55
Community Care Program-----	55
Caregiver Support Services/Respite -----	56
Emergency Response Systems & Other Technologies-----	59
Telephone Reassurance Programs -----	61
Hospice-----	62
Home Repair and Renovation -----	63
Case Management/Elder Care Consultants -----	66
Moving or Reorganizing -----	67
Additional Resources -----	67
Long Term Care & Home and Community Ombudsman -----	68
Services Outside DuPage County-----	70
HOUSING -----	71
Residential Options-----	71
Subsidized Housing -----	73
Long Term Care-----	74
Deciding What Fits -----	76
Mortgage Assistance-----	77
Reverse Mortgage -----	77
Additional Resources -----	77
IMMIGRATION RESOURCES-----	80
Community Resources -----	80
Applying for U.S. Citizenship -----	84
Federal and State Resources -----	85
INSURANCE -----	87
Medicare -----	87
Medicaid and Medicare -----	88

Affordable Care Act (ACA)	89
Additional Insurance Resources	90
LEGAL SERVICES and ADVOCACY	92
Making Your Wishes Known: An Explanation of Terms	92
Guardianship	93
Legal Services	95
Human Rights	97
Credit Counseling	98
Consumer Protection	98
Attorney General	99
TRIAD/S.A.L.T.	100
Additional Resources	101
NUTRITION	103
DuPage Senior Citizens Council's (DSCC) Senior Nutrition Program	103
Home Delivered Meals	103
Community Dining Program and Locations	104
Food Resources	105
Grocery Delivery	106
Meal Preparation Services	106
PRESCRIPTION DISCOUNTS	108
Medicare Part D	108
Other Government Prescription Assistance	109
Private and Charitable Prescription Assistance	110
RECREATION and SOCIAL	113
Senior Centers/Clubs	113
Special Recreation Associations	118
National Park Service	118
Hunting and Fishing Licenses	119
Senior Olympics	119
TAX RELIEF and SERVICES	120
Federal and State Tax Information	120
Property Tax Exemptions	120
Other Property Tax Programs	122
TRANSPORTATION	123
Ride DuPage	123
DuPage County Pilot II Program	124

Regional Transportation Authority (RTA)/PACE -----	124
Ride Free Transit Card -----	125
Volunteer Transportation Services -----	126
Private Transportation Services -----	126
Secretary of State -----	128
Drivers Education and Safety -----	130
Local Transportation Services Grid -----	132
 VETERANS BENEFITS -----	 144
Aid and Attendance -----	145
VA Medical Centers -----	146
Veteran Centers -----	147
Transitional Housing and Shelters -----	147
Illinois Veterans Homes -----	149
DuPage Veterans Memorial Inc. -----	150
 TOWNSHIP MAP -----	 Inside Back Cover