Throughout DuPage County there are opportunities for recreation, entertainment and socialization for seniors. Senior Centers and other organizations offer a wide range of activities, which support the older person’s independence and encourage their involvement in the community. These include travel, crafts, special events, exercise, cards and bingo, educational programs, health screenings and other supportive services. Programs differ from one community to another; some offering activities on a daily basis, while others meet only once a month. Activities for older adults continue to expand so visit the websites listed below for current events and schedules.

Churches, high schools, colleges and other community organizations may also offer opportunities of interest to seniors. Following the Senior Centers/Clubs listing, information can be found on the National Park Service Senior Pass, Hunting and Fishing Licenses, and Senior Olympics.

**SENIOR CENTERS/CLUBS**

**ADDISON**

Addison Park District  
120 E. Oak Street  
Addison, IL  60101  
(630) 833-0100  
www.addisonparkdistrict.org

**BENSENVILLE**

Bensenville Park District  
Deer Grove Leisure Center  
1000 W. Wood Avenue  
Bensenville, IL  60106  
(630) 766-7015  
www.bensenvilleparkdistrict.org

**AURORA**

Fox Valley Park District  
Eola Community Center  
555 S. Eola Road  
Aurora, IL  60504  
(630) 851-8990  
www.foxvalleyparkdistrict.org

**BENSENVILLE**

Bensenville Senior Citizens Club  
Monty’s Banquets (1st Tuesday of the month)  
703 S. York Road  
Bensenville, IL  60106  
(630) 594-1010  
www.bensenville.il.us
SENIOR CENTERS/CLUBS

BLOOMINGDALE

Bloomingdale Park District
172 S. Circle Avenue
Bloomingdale, IL  60108
(630) 529-3650
www.bloomingdaleparks.org

Bloomingdale Township
Senior Center
6N050 Rosedale Road
Bloomingdale, IL  60108
(630) 529-7794
www.bloomingdaletownship.com

Burr Ridge

Burr Ridge Park District
15W400 Harvester Drive
Burr Ridge, IL  60527
(630) 920-1969
www.brparks.org

CAROL STREAM

Carol Stream Park District
Simkus Recreation Center
849 Lies Road
Carol Stream, IL  60188
(630) 784-6100
www.csparks.org

CLARENDON HILLS

Clarendon Hills Park District
315 Chicago Avenue
Clarendon Hills, IL  60514
(630) 323-2626
www.clarendonhillsparkdistrict.org

DARIEN

Darien Park District
7301 Fairview Avenue
Darien, IL  60561
(630) 968-6400
www.darienparks.com

DOWNERS GROVE

Downers Grove Park District
Active Adult Center
935 Maple Avenue
Downers Grove, IL  60515
(630) 963-1314 (Voice & TDD)
www.dgparks.org

ELMHURST

Elmhurst Park District
Abbey Leisure Center
407 W. St. Charles Road
Elmhurst, IL  60126
(630) 993-8193
www.epd.org

GLEN ELLYN

Glen Ellyn Park District
Main Street Recreation Center
501 Hill Avenue
Glen Ellyn, IL  60137
(630) 858-2463
www.gepark.org

Glen Ellyn Senior Service Center
493 Forest Avenue
Glen Ellyn, IL  60137
Mon. - Fri. 9:00 a.m. – 1:00 p.m.
(630) 858-6343
www.glenellyn.org
SENIOR CENTERS/CLUBS

GLENDALE HEIGHTS

Glendale Heights Center for Senior Citizens
260 Civic Center Plaza
Glendale Heights, IL 60139
(630) 260-6050
www.glendaleheights.org

 Village of Glendale Heights Recreation Department
250 Civic Center Plaza
Glendale Heights, IL 60139
(630) 260-6060
www.glendaleheights.org

HANOVER PARK

Hanover Park District
Senior Run-a-bouts
1919 Walnut Avenue
Hanover Park, IL 60133
(630) 837-2468 (Tuesdays)
www.hpparks.org

HINSDALE

Hinsdale Parks and Recreation Memorial Building
19 E. Chicago Avenue
Hinsdale, IL 60521
(630) 789-7090
www.villageofhinsdale.org

The Community House
Senior Center
415 W. Eighth Street
Hinsdale, IL 60521
(630) 323-7500
www.thecommunityhouse.org

ITASCA

Itasca Park District
Senior Citizens Club
350 E. Irving Park Road
Itasca, IL 60143
(630) 773-2257
www.itascaparkdistrict.com

LISLE

Lisle Park District Recreation Center
1925 Ohio Street
Lisle, IL 60532
(630) 969-0992
www.lisleparkdistrict.org

LOMBARD

Butterfield Park District
21W730 Butterfield Road
Lombard, IL 60148
(630) 858-2229
www.butterfieldpd.com

Lombard Community Senior Center (“The White House”)
205 W. Maple Street
Lombard, IL 60148
(630) 629-9707
(Wednesday and Friday, 9-3pm)

Sunset Knoll Recreation Center
820 S. Finley Road
Lombard, IL 60148
(630) 620-7322
www.lombardparks.com

York Center Park District
1609 S. Luther Avenue
Lombard, IL 60148
(630) 629-0886
www.ycpdfun.com

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**SENIOR CENTERS/CLUBS**

**LOMBARD CONT.**

York Township Senior Center  
1502 S. Meyers Road  
Lombard, IL 60148  
(630) 620-2424  
www.yorktwsp.com

**MEDINAH**

Medinah Park District  
Medinah Active Adults Club  
22W130 Thorndale Avenue  
Medinah, IL 60157  
(630) 893-2560  
www.medinahparkdistrict.org

**NAPERVILLE**

Naperville Park District  
Community Center  
305 W. Jackson Avenue  
Naperville, IL 60540  
(630) 848-3613  
www.napervilleparks.org

Xilin Asian Community Center  
Iroquois Shopping Center  
1163 E. Ogden Avenue, Suite 301-A  
Naperville, IL 60563  
(630) 355-4322  
www.xilin.org

**OAKBROOK**

Oak Brook Park District  
1450 Forest Gate Road  
Oak Brook, IL 60523  
(630) 990-4233 or (630) 645-9516  
www.obparks.org

**OAKBROOK TERRACE**

Oakbrook Terrace Park District  
Community Senior Citizens Club  
1S325 Ardmore Avenue  
Villa Park, IL 60181  
(630) 627-6100  
www.obtpd.org

**ROSELLE**

Roselle Park District  
555 W. Bryn Mawr Avenue  
Roselle, IL 60172  
(630) 894-4200  
www.rparks.org

**VILLA PARK**

Villa Park Recreation Center  
320 E. Wildwood Street  
Villa Park, IL 60181  
(630) 834-8525  
www.vprd.org

**WARRENVILLE**

Warrenville Park District  
Recreation Center  
3S260 Warren Avenue  
Warrenville, IL 60555  
(630) 393-7279  
www.warrenvilleparks.org

**WEST CHICAGO**

Wayne Township Seniors  
27W031 North Avenue  
West Chicago, IL 60185-5122  
(630) 231-7155  
www.waynetwp-il.org
Senior Suburban Orchestra
(630) 935-7103 (Membership Information)
(630) 691-8502 (Concert Information)
www.seniorsuburbanorchestra.org

A 50 piece orchestra with musicians from more than 20 western suburbs. Provides an opportunity for older musicians to continue playing their instruments on a regular basis as members of an active and challenging performance organization. Membership is free, no auditions required. New members are always welcome. Currently based at OakTrace Retirement Facility in Downers Grove.
SPECIAL RECREATION ASSOCIATIONS

Northeast DuPage Special Recreation Association (NEDSRA)
1770 W. Centennial Place
Addison, IL  60101
(630) 620-4500
www.nedsra.org

Provides quality recreational programs and community services to individuals of all ages with disabilities. NEDSRA serves: Addison, Bensenville, Glendale Heights, Itasca, Lombard, Medinah, Oakbrook Terrace, Villa Park, and Wood Dale.

Western DuPage Special Recreation Association (WDSRA)
116 N. Schmale Road
Carol Stream, IL  60188
(630) 681-0962
www.wdsra.com

Provides recreational opportunities, special events and trips for individuals of all ages with special needs. WDSRA serves Bloomingdale, Carol Stream, Glen Ellyn, Roselle, Naperville, Warrenville, West Chicago, Wheaton and Winfield.

NATIONAL PARK SERVICE – SENIOR PASS

National Park Service
National Capital Region
1849 C Street NW, Washington, DC 20240
(202) 208-3818
www.nps.gov

U.S. citizens or permanent residents age 62 and over can purchase a lifetime pass for $10.00 in person at the park, or $20.00 by mail. The pass provides access to, and use of, Federal recreation sites that charge an entrance fee. The pass admits the pass holder and passengers in a non-commercial vehicle at “per vehicle” fee areas (children under 16 are admitted free). At many parks, the Senior Pass provides a 50 percent discount on amenities such as camping, swimming, boat launch, and specialized interpretive services.
HUNTING AND FISHING LICENSES

Illinois Department of Natural Resources
1 Natural Resource Way, Springfield, IL 62702
(217) 782-2965
www.dnr.illinois.gov

Legislation requires senior citizens age 65+ to obtain hunting and fishing licenses, but at a reduced fee. If you are a hunter or fisherman, make sure you inquire about the latest regulations before engaging in these activities. Check website, or call for license fees.

SENIOR OLYMPICS

Illinois Senior Olympics, Inc.
701 W. Mason, Springfield, IL 62702
(217) 528-4035 Ext. 130
www.ilsenoly.org

Men and women age 50 and older may compete in multiple events including swimming, track and field, bowling, golf, archery, bridge, cycling, basketball, volleyball, and other games. Medals are awarded, and qualified competitors are invited to go on to the National Competition, which is held in odd numbered years. There is a $35.00 registration fee; other event fees may apply.